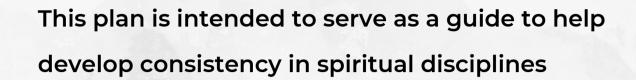




21 DAY Spiritual Growth Plan

@karmelcommunity.com/spiritual-growth





Use it in combination with any existing routines currently in place

Activities with "+" are for where these should be done in addition to any similar day activities already in place. For example, if you already read 2 chapters of the bible daily then on that day you will read a total of 5 chapters

Consider using this plan with someone else or in a small group to help create accountability

21 DAY SPIRITUAL GROWTH PLAN

scriptures*



| DAY 1 | DAY 2 | DAY 3 | DAY 4 | DAY 5 |
|-------------------------------------|--|---------------------------------------|--|--|
| Read +3 chapters of the bible | Pray in tongues for +30 mins | Study a bible character | Pray for the city and nation you live in | Fast + Study John 15 |
| DAY 6 | DAY 7 | DAY 8 | DAY 9 | DAY 10 |
| Pray in tongues for +45 mins | Go on a prayer walk + Pray the scriptures* | Read +3 chapters of the bible | Pray in tongues for +30 mins | Study a bible character |
| DAY 11 | DAY 12 | DAY 13 | DAY 14 | DAY 15 |
| Pray for a family member | Fast + Study 1 Samuel 3 | Pray in tongues for +1 hour | Go on a prayer walk + Pray the scriptures* | Read +3 chapters of the bible |
| DAY 16 | DAY 17 | DAY 18 | DAY 19 | DAY 20 |
| Pray in tongues for +30 mins | Study a bible character | Pray for a co- worker or friend | Fast + Study Ephesians 1 | Pray in tongues for 1 hour 30 mins |
| DAY 21 | | | | |
| Go on a prayer walk + Pray the | *Use scriptui | res of your choice or t | that the Lord leads yo | ou to |



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