



# 21 DAY SPIRITUAL GROWTH PLAN





- **This plan is intended to serve as a guide to help develop consistency in spiritual disciplines**
- **Use it in combination with any existing routines currently in place**
- **Activities with "+" are for where these should be done in addition to any similar day activities already in place. For example, if you already read 2 chapters of the bible daily then on that day you will read a total of 5 chapters**
- **Consider using this plan with someone else or in a small group to help create accountability**

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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<i>Read +3 chapters of the bible</i>	<i>Pray in tongues for +30 mins</i>	<i>Study a bible character</i>	<i>Pray for the city and nation you live in</i>	<i>Fast + Study John 15</i>
DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
<i>Pray in tongues for +45 mins</i>	<i>Go on a prayer walk + Pray the scriptures*</i>	<i>Read +3 chapters of the bible</i>	<i>Pray in tongues for +30 mins</i>	<i>Study a bible character</i>
DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
<i>Pray for a family member</i>	<i>Fast + Study 1 Samuel 3</i>	<i>Pray in tongues for +1 hour</i>	<i>Go on a prayer walk + Pray the scriptures*</i>	<i>Read +3 chapters of the bible</i>
DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
<i>Pray in tongues for +30 mins</i>	<i>Study a bible character</i>	<i>Pray for a co-worker or friend</i>	<i>Fast + Study Ephesians 1</i>	<i>Pray in tongues for 1 hour 30 mins</i>
DAY 21	<i>*Use scriptures of your choice or that the Lord leads you to</i>			
<i>Go on a prayer walk + Pray the scriptures*</i>				



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