

# Weekly Planner

WEEK: \_\_\_\_\_

## SCHEDULE AND EVENTS

monday:

tuesday:

wednesday:

TO DO LIST

5 THINGS I'M GRATEFUL FOR

- 1.
- 2.
- 3.
- 4.
- 5.

**WEEKLY  
SCHEDULER**

# Weekly Scheduler

Here is a practical, easy to use weekly schedule template to help you get through your week while being productive and balanced.

The categories and descriptions are suggestions so feel free to update these as required and the last few pages have been left blank for this purpose. If you have any questions, please email us at [info@adiahtalks.com](mailto:info@adiahtalks.com).

Enjoy!

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DATE:



| DAY  | DESCRIPTION  | ACTIVITY |
|--|--|----------|
| <b>MEMO MONDAYS</b>                        | <b>Catch up on messages, send emails, initiate follow-ups</b>                            |          |
| <b>TRANSFORMATION TUESDAYS</b>             | <b>Training day! Carry out activities to grow your skills &amp; develop your mindset</b> |          |
| <b>WORKING WEDNESDAYS</b>                  | <b>Time to put in the work! Build the business, write the book, develop the product</b>  |          |
| <b>TASK THURSDAYS</b>                      | <b>Carry out key tasks following work from the previous day</b>                          |          |
| <b>FINANCE FRIDAYS</b>                     | <b>Review Finances, budget plans, pay bills, reviews investments</b>                     |          |
| <b>SOCIAL &amp; STRATEGISING SATURDAYS</b> | <b>Rest &amp; recreation. Make some time to strategise &amp; create</b>                  |          |
| <b>SANCTIFIED SUNDAYS</b>                  | <b>Extended hangout with God, personal Bible study, prayer</b>                           |          |

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